



## What Are Essential Oils and Aromatherapy?: Natural Ways to Heal the Body (Paperback)

By Jamie Fisher

Speedy Publishing Books, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What Are Essential Oils and Aromatherapy? affords the reader the opportunity to learn as much as they are able to about the purpose and benefits of essential oils. The reader can also find out how they can use it to care for the body, skin and hair. As persons seek to find more natural solutions to their problems, the interest in essential oils has increased. The book is meant to be a guide, an introduction to what essential oils are and how they are beneficial in the long run. The reader can use this information to determine whether or not they want to find out more about these oils or just start using it with the right guidance to reap all the benefits.



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