



Creating mental health across cultures

By Claude-Hélène Mayer

Wolfgang Science Pabst Jan 2013, 2013. Taschenbuch. Book Condition: Neu. 228x159x17 mm. Neuware - Managing healthy transcultural organisations is based on the strength and the sense of coherence (SOC) of individuals, to comprehend, manage and create meaning in challenging work situations. To cope with these challenges, managers need to activate their individual resources and increase their transcultural and conflict management competences. In our management and consultancy practice, we experience the importance of interlinking health and well-being on the one hand with transcultural communication and conflict management on the other hand. A systemic approach supports the development of the three SOC components effectively and contributes to well-being within individuals and the organisation. In this book, we present MEHTO, a coaching and training module for managers which includes individual counselling sessions, group training series, as well as team mentoring and facilitator training. We have developed MEHTO through management research in international organisations and global players, as well as through our experience in international and transcultural management consultancy. Particularly during the past years of global economic crisis, we have recognized the need for increasing mental health in managers and organisations. We believe that managers and organisations in the 21st century require a shift...



READ ONLINE
[9.67 MB]

Reviews

Complete guide for pdf fans. This really is for all those who statte that there was not a worth looking at. I am just very happy to let you know that this is basically the very best pdf we have read through inside my own life and may be he greatest pdf for ever.

-- **Tevin Nikolaus**

Most of these pdf is the best pdf offered. It can be rally fascinating through studying period of time. You may like just how the writer write this pdf.

-- **Carlie Bahringer IV**