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Createspace, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.INSIDE: DOWNLOAD 2 FREE REPORTS AND 8 FREE VIDEOS What the hell are you doing? If you re busting your butt at the gym to look good naked (or worse yet- NOT trying to look good naked) HALF-ASSED HEALTH will get you in shape without all the hassle!! If you want to win the war on belly fat,...

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- Authored by John Bones Rodriguez
- Released at 2011



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