



## Minimalist - Ryan Cooper: The Minimalist Lifestyle Ultimate Guide! Simplifying and Decluttering Your Life to Increase Happiness and Contentment, Focus, Time Management, and Improve Relationships! (Paperback)

By Ryan Cooper

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.MINIMALIST LIFESTYLE ULTIMATE GUIDE FOR SIMPLIFYING AND DECLUTTERING YOUR LIFE! This Minimalist book contains proven steps and strategies on how to improve your life through the ways of the minimalist. Today only, get this Amazing Amazon book for this incredibly discounted price! Many of us put value in the things that we own, and while this is only understandable, too much value put on things can be a dangerous thing to hold. Most of us spend our lives giving up things and letting go of opportunities just so we could work and earn to buy things and possessions. A nice house with a beautiful garden, a stylish car, the latest clothes and accessories, high-tech gadgets and electronics, or even gourmet dishes and trips around the world are just some of the things that people put value on. While all of these are good and well to have, the problem is when people give up what they should value more just to get these so-called luxuries and dreams. Those who have jobs and careers spend most of their time working and away...

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