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## Demystifying Tibet: Unlocking the Secrets of the Land of the Snows (Paperback)

By Lee Feigon

Ivan R Dee, Inc, United States, 1998. Paperback. Book Condition: New. Elephant Pbk.. 221 x 145 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This authoritative view of the history and culture of Tibet comes at a time when this ancient land is in danger of losing its identity and culture under Chinese rule. In a compact narrative account, Lee Feigon describes Tibet's long and independent history, which belies Chinese claims to hegemony over the Tibetan people. Beginning in the seventh century with the origins of the Tibetan state, Tibetans have borrowed cultural and political forms from their neighbors, including China and India, but have always developed them in their own distinct manner. Tibet has in fact at times ruled vast portions of China, India, Nepal, Central Asia, and even the Middle East. As Tibetans assimilated Buddhist ideals, they gradually cultivated the powerful and magical religious aura that has given birth to legends of Shangri-la. Tracing this history through Mongol and Manchu rule in China, the advent of nineteenth-century Western imperialism, and the radical and sometimes racist policies of Communist China, which have aimed to transform Tibet, Feigon shows how Tibet's grand history has produced...



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