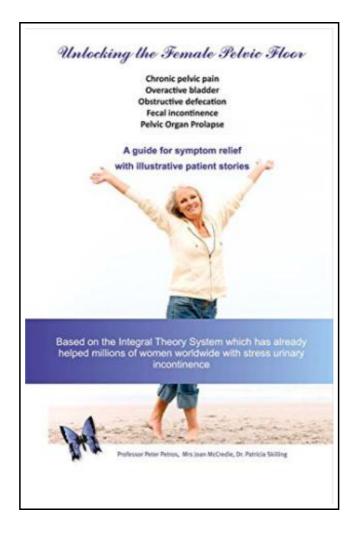
# Unlocking the Female Pelvic Floor: A Guide for Symptom Relief with Illustrative Patient Stories (Paperback)



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#### Reviews

Very useful to all category of men and women. I actually have study and i also am certain that i am going to going to read through again once more down the road. Its been written in an exceptionally simple way and is particularly only soon after i finished reading this publication by which basically altered me, modify the way in my opinion.

(Dr. Sarai Fisher DDS)

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BookBaby, United States, 2015. Paperback. Book Condition: New. 213 x 137 mm. Language: English. Brand New Book. This book is based on a major scientific discovery, the Integral System, by Professor Petros (Australia) and Professor Ulmsten (Sweden) who proposed that bowel and bladder problems originate mainly from a damaged vagina or the ligaments which support it and not from the organs themselves. One application, the midurethral sling operation, also invented by Petros Ulmsten, has changed the lives of millions of women since the year 2000, converting a painful operation involving a12 day hospital stay with indwelling urinary catheters, to a fairly painless day-care operation. The experience of myself and other surgeons confirms cure or major improvement of other symptoms, urgency, nocturia, pelvic pain and bowel incontinence, following similar day-care repair of other ligaments. It takes many years for such a radical change in thinking to become widely known. This book is timely. It informs women how damaged vaginal ligaments can cause specific problem and how such problems can be cured or improved with a time-efficient pelvic floor regime, or with minimally invasive surgery.

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